

MEDIA RELEASE

PR 21-09

Date 02 10 2009 immediate release

North Staffordshire
Combined Healthcare



NHS Trust

A Keele University Teaching Trust

Trust's celebration of World Mental Health Day

Staff and clients of North Staffs Combined Healthcare NHS Trust are hosting a 'fun and find out' day at Lyme Brook Resource Centre on the Bradwell Hospital site on the 9th October from 10-2pm in celebration of World Mental Health Day.

Mary Emery, manager of Lyme Brook said: "The clients and staff are hosting a fun and find out day to celebrate World Mental Health Day and we want the public and other health and social care professional to come along and see what we as a community resource centre actually do. We are aware mental health is often stigmatised and this event aims to challenge those negative perceptions and offer a much more positive and informed view of the work that we do in the community. It is an opportunity to learn about the Good Practice Forum and how it can make a difference to our mental wellbeing."

Lyme Brook provides a base for health and social care professionals and voluntary groups to deliver a range of services to adults with mental health needs in the Newcastle area that includes assessment, treatment and care provided by Newcastle Adult County Mental Health and Social Care Teams. The main aim is to facilitate and provide recovery-oriented services which enable adults with mental health related issues and their families, friends and significant others, to live and maintain their optimum social roles.

Photo Opportunity

Staff and guests will be available on the 9th October at 12noon for a photograph with some of the displays at Lyme Brook Resource Centre on the Bradwell Hospital Site.

ENDS.

For more detailed information about this media release contact:

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