



Further information on supported employment can be obtained from:

www.centreformentalhealth.org.uk/employment and click on IPS

If you have a vacancy you need filling or would like to create an opportunity for someone, please contact:

Jennifer Hawkins – North Staffordshire **Stepon@combined.nhs.uk**
Step On, Hope Centre, Upper Huntbach Street, Hanley, Stoke on Trent,
ST1 2BX **Contact Number - 07515 191219**

Jasmin Sherratt- South Staffordshire **Stepon@mpft.nhs.uk**
Step On, Park House, 12 Park Road, Cannock, WS11 1JN
Contact Number - 07595 091548



Are You Supported by Mental Health Services in Staffordshire?

Would you like to look for paid work? If so, Step On can help you to find employment...

Paid work can bring many benefits to your life:

- Increased Self Esteem
- Structure & Purpose
- Increased Social Networks
- Financial Independence
- Improved Wellbeing



How can Step On help you?

Looking for work with or without a mental health diagnosis can be difficult. Step On provides individual support that is tailored to your needs to assist you in finding a job. You will receive support from one of our Employment Specialists who can guide you through every step of the process.

- Building or updating your CV
- Searching & applying for jobs
- Searching for training & development opportunities
- Reviewing your benefits situation
- Interview skill techniques and support to attend interviews
- On-going in work support for you & your employer

What's the next step?

Any mental health professional can refer you to Step On or you can refer yourself if you have support from mental health services. Your Employment Specialist will then arrange an initial appointment with you. Here we will discuss what type of work you are interested in, explore your education and work history and look at how your mental health may affect you in work.

We will work together to develop an individual action plan tailored to suit you and then begin searching for jobs!