

Our Ref: NG/RM/24003  
Date: 22<sup>nd</sup> January 2024

Nicola Griffiths  
Deputy Director of Governance  
North Staffordshire Combined Healthcare NHS Trust  
Lawton House  
Bellringer Road  
Trentham  
ST4 8HH

Reception: 0300 123 1535

Dear

### Freedom of Information Act Request

I am writing in response to your e-mail of the 3<sup>rd</sup> January 2024. Your request has been processed using the Trust's procedures for the disclosure of information under the Freedom of Information Act (2000).

#### ***Requested information:***

Please provide the following information in full for the years 2019, 2020, 2021, 2022, 2023. (Please note that I use the term 'borderline personality disorder' but would also like stats for 'emotionally unstable personality disorder' if that is the diagnostic term that your trust uses.)

1. Please provide your trust policy for borderline personality disorder diagnosis and treatment.

**The Trust does not have a policy; therefore, this information is not held.**

2. How much funding is received for the care of borderline personality disorder and how is this money spent?

**The Trust hold a block contract therefore we are unable to pull out specific funding for diagnoses.**

3. How many adult patients are there within the trust with a diagnosis of borderline personality disorder?

**The Trust does not reliably hold this information digitally, to supply this information would require a manual trawl. We believe that the cost of collating the information in order to respond to your request would exceed the threshold of £450 as defined by the Freedom of Information and Data Protection (Appropriate limit Fees) Regulations 2004. As a result, we are refusing your request under Section 12 of the Freedom of Information 2000. Work is underway to align to national diagnostic data references.**

4. What specialist treatments or therapeutic interventions do the trust facilitate for all patients diagnosed with borderline personality disorder?

**The organisation provides interventions to those who have a formulation of Personality difficulties, service users do not need a diagnosis. Community Mental Health Teams offer – Cognitive Analytic Therapy, Coping Skills (DBT skills), Staff**



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Chief Executive: Dr Buki Adeyemo  
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are currently undertaking training CBT for PD. Specialist multi-modal interventions - Structured Clinical Management and Mentalisation Based Therapy. Adults – No DBT for adults, the organisation offers alternative multi-modal treatments via our specialist team.

5. How much does it cost the trust per year to provide medication to adults diagnosed with borderline personality disorder?

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6. How many patients/service users with borderline personality disorder require in-patient care?

**The Trust does not reliably hold this information digitally, to supply this information would require a manual trawl. We believe that the cost of collating the information in order to respond to your request would exceed the threshold of £450 as defined by the Freedom of Information and Data Protection (Appropriate limit Fees) Regulations 2004. As a result, we are refusing your request under Section 12 of the Freedom of Information 2000. Work is underway to align to national diagnostic data references.**

7. How much does it cost the trust to facilitate this in-patient care?

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8. Does the trust provide dialectical behaviour therapy? If so, please provide the numbers of patients/service users who have used this service. If not, is there a plan to implement this treatment?

**The organisation provides interventions to those who have a formulation of Personality difficulties, service users do not need a diagnosis. Community Mental Health Teams offer – Cognitive Analytic Therapy, Coping Skills (DBT skills), Staff are currently undertaking training CBT for PD. Specialist multi-modal interventions - Structured Clinical Management and Mentalisation Based Therapy. Adults – No DBT for adults, the organisation offers alternative multi-modal treatments via our specialist team.**

9. How many suicides of patients with borderline personality disorder have there been each year?

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**request under Section 12 of the Freedom of Information 2000. Work is underway to align to national diagnostic data references.**

10. How many complaints have been lodged in relation to borderline personality disorder treatment?

**Our complaints are not usually based on diagnosis; however, we have reviewed for the period 1st January 2019 to 31st December 2023, and we have no complaints specifically relating to borderline personality disorder treatment.**

If you are dissatisfied with the handling of your request, you have the right to ask for an internal review of the management of your request. Internal review requests should be submitted within two months of the date of receipt of the response to your original letter and should be addressed to: Dr Buki Adeyemo, Chief Executive, North Staffordshire Combined Healthcare Trust, Trust Headquarters, Lawton House, Bellringer Road, Trentham, ST4 8HH. If you are not content with the outcome of the internal review, you have the right to apply directly to the Information Commissioner for a decision. The Information Commissioner can be contacted at: Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF.

Yours sincerely



**Nicola Griffiths**  
**Deputy Director of Governance**



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