

Our Ref: NG/RM/24119
Date: 22nd April 2024

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Deputy Director of Governance
North Staffordshire Combined Healthcare NHS Trust
Lawton House
Bellringer Road
Trentham
ST4 8HH

Reception: 0300 123 1535

Dear

Freedom of Information Act Request

I am writing in response to your e-mail of the 2nd April 2024. Your request has been processed using the Trust's procedures for the disclosure of information under the Freedom of Information Act (2000).

Requested information:

1. Which CAMHS services are offered? Please list these services.
 - **Community Core CAMHS teams**
 - **Mental Health Support Teams**
 - **EDIE (Early Detection of psychosis)**
 - **Intensive Support Hub (ISH) team 3.5 service**
 - **Eating disorder Team**
 - **Looked After Children's team.**
 - **ASD service/ team**
 - **Inpatients for adults and children**
2. Do you operate a 0-25 service?
No, however the Trust has a Prepare for Adulthood transition pathway starting at 17.5 years of age to support transition into adult services.
3. Can young people self-refer to CAMHS?
Yes, via the online portal on the Trust website. This referral will then be distributed to our single point of access.
4. Which of the following non-specialist publicly funded services for young people's mental health (a) currently exist and/or (b) used to exist within the last decade (please indicate if they currently exist, and if they used to exist if you hold this data):
 - a. Social prescribing.
Currently within our PCN roles at the GP surgeries.

- b. Bereavement services.
We would access this via the primary network – via Wellbeing.
- c. Peer support.
Peer support workers are being embedded within our CAMHS and Mental Health Support Teams
- d. Mental Health Support Teams.
Yes, currently in a large proportion of schools across Stoke on Trent and Staffordshire
- e. School counsellors, mentors, or pastoral or key support workers.
We utilise primary services or agencies that schools have implemented.
- f. Educational psychologists.
Schools currently have access to this, and a young person would go via school to gain an EP assessment.
- g. Youth groups.
Not currently in place within the Trust, however there is partnership working with Changes who run a Youth Partnership Group.
- h. Wellbeing cafes or mental health drop-in services.
Yes, The Trust has a wellbeing academy and drop-in groups predominately in the adult mental health services.
- i. Youth information, advice, and counselling services (YIACS) / early support hubs.
The Trust utilise signposting and partnership working for this, for example, Changes, Younger Minds and Action for Children
- j. Advice line for mental health issues.
We signpost to external sector, for example SHOUT, Samaritans, and Papyrus
- k. Targeted service(s) for LGBTQ+ young people.
Not currently, we signpost to external agencies, such as mermaids.
- l. Targeted service(s) for young people from minority ethnic / racialised communities.
Not currently, we would signpost to external agencies.
- m. Targeted service(s) for other underserved groups (please list here) **N/A**
- n. Targeted service(s) for young people on waiting lists for access to NHS mental health services (formerly tier 3).
The Trust offers group work for individuals who are waiting for individual work, we offer regular check in calls for individuals waiting to be seen and service users can utilise Crisis Care Centre for support in the interim of waiting. We also use Silvercloud
- o. Art or music therapy.
Not currently, however this is something that has been embedded into CAMHS in the past decade.
- p. Online support service / app.
The Trust has our wellbeing Combined Website where young people / families can access self-help materials.
- q. Occupational therapy.
Yes, currently in place within core CAMHS teams, we can refer to physical health OT if required.
- r. Any other service (please list here).
Play and parenting specialists.

5. Do any of the following exist (please answer yes or no and elaborate if necessary)?

a. A CAMHS or young people's mental health partnership board?

Yes, this is integrated within the Trust.

b. A designated individual or team who coordinates partnership working across services for children and families / settings?

The Trust has several designated leads within different teams who leads on partnership working across services.

c. Data-sharing infrastructure to share data across services, for example, schools, social care, youth justice, special educational needs teams, etc.?

Yes, several systems are in place to share data.

d. Evaluation of young people's outcomes following engagement with services?

Yes, regular use of routine outcome measures used within CAMHS (ROMS) and several other tools we can utilise to evaluate young people's outcomes.

e. A young people's advisory group or official mechanism for young people to feed into service design and improvement.

As discussed above, our youth partnership with Changes charity.

6. Is there a single point of access for young people with a mental health concern?

Please answer yes or no and elaborate if necessary.

Yes, our all-age Crisis Care Centre which operates 7 days a week 24/7

7. Do you operate a 'no wrong door' approach? Please answer yes or no and elaborate if necessary.

Yes, The Trust focus upon the thrive model.

8. Do young people have to be referred to access a mental health support service?

Please answer yes or no and elaborate if necessary.

Yes, however this can be done on a self-referral model or referred by other agencies such as GP/ School/ parents.

9. Are there specific services or approaches to ensure under-served groups of young people can access support e.g., young people from minority ethnic / racialised backgrounds, LGBTQ+ young people, etc.? Please answer yes or no and elaborate if necessary.

Not within CAMHS directly, however the Trust liaise with different voluntary agencies who provide this support.

If you are dissatisfied with the handling of your request, you have the right to ask for an internal review of the management of your request. Internal review requests should be submitted within two months of the date of receipt of the response to your original letter and should be addressed to: Dr Buki Adeyemo, Chief Executive, North Staffordshire Combined Healthcare Trust, Trust Headquarters, Lawton House, Bellringer Road, Trentham, ST4 8HH. If you are not content with the outcome of the internal review, you have the right to apply directly to the Information Commissioner for a decision.



Chairman: David Rogers
Chief Executive: Dr Buki Adeyemo

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The Information Commissioner can be contacted at: Information Commissioner's Office,
Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF.

Yours sincerely



Nicola Griffiths
Deputy Director of Governance



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