

Our Ref: LW/lmw/FOI.316.23
Date: 12th October 2023

Laurie Wrench
Deputy Director of Governance
North Staffordshire Combined Healthcare NHS Trust
Lawton House
Bellringer Road
Trentham
ST4 8HH

Tel 01782 275030

Dear

Freedom of Information Act Request

I am writing in response to your e-mail of the 3rd October 2023. Your request has been processed using the Trust's procedures for the disclosure of information under the Freedom of Information Act (2000).

Requested information:

1. In the area you cover, are there services / pathways / arrangements for screening groups of young people with higher risk of mental ill-health, for example:
 - children in contact with social care **Yes**
 - care leavers **Yes**
 - children who require support from multiple mental health services, e.g., an eating disorder service and anxiety service **Yes**
 - asylum-seeking children **No specific arrangements but patients seen as part of categories above as part of core service offer.**

2. In the area you cover, are there specific arrangements for young people with complex needs, which may cut across multiple services, e.g., NHS mental health services, social care, youth justice, etc.?

The Trust have specialist services listed below that cut across multiple services for young people :

- **Looked After Children's service in Stoke.**
- **Youth Offending Team**
- **Integrated Offender Health teams**
- **Preparing for Adulthood Teams**

3. A) Is there a mental health crisis care team for all young people in the area you cover? **Yes**
B) Is follow-up care provided after contact with the mental health crisis team is terminated? **Yes**
4. Do children and young people's mental health services in your area extend to age 25, per NICE guidance? **Yes**
5. What support is in place for children accepted into NHS mental health services but that are on a waiting list to begin treatment? **The Trust have a duty system in place, and we also have the Crisis Care Centre (CCC) for urgent needs.**

6. Which of the following mental health services are offered in your area for children and young people with eating disorders?
- Family therapy **Yes**
 - Cognitive behavioural therapy **Yes**
 - Guided self-help **Yes**
 - Interpersonal psychotherapy **No**
 - Focal psychodynamic therapy **No**

If you are dissatisfied with the handling of your request, you have the right to ask for an internal review of the management of your request. Internal review requests should be submitted within two months of the date of receipt of the response to your original letter and should be addressed to: Dr Buki Adeyemo, Chief Executive, North Staffordshire Combined Healthcare Trust, Trust Headquarters, Lawton House, Bellringer Road, Trentham, ST4 8HH. If you are not content with the outcome of the internal review, you have the right to apply directly to the Information Commissioner for a decision. The Information Commissioner can be contacted at: Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF.

Yours sincerely



Laurie Wrench
Deputy Director of Governance



Chairman: David Rogers
Chief Executive: Dr Buki Adeyemo
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