

Our Ref: NG/RM/24433
Date: 7th January 2025

Nicola Griffiths
Deputy Director of Governance
North Staffordshire Combined Healthcare NHS Trust
Lawton House
Bellringer Road
Trentham
ST4 8HH

Reception: 0300 123 1535

Dear

Freedom of Information Act Request

I am writing in response to your e-mail of the 9th December 2024. Your request has been processed using the Trust's procedures for the disclosure of information under the Freedom of Information Act (2000).

Requested information:

I am a researcher from the University of Nottingham. I am aiming to gather information on all digital technologies used for adult mental health services. I am aware you are a newly combined Trust, but I would appreciate as much detail as possible regarding the following questions:

1. Please state any digital technologies, e-therapies, internet-delivered therapies, online or digital therapies, digitally enabled therapies or digital therapeutics for adult mental health problems that your Trust has procured, contracted or are paid for by the service for use by service users. For example, these might include, but are not limited to, internet-delivered cognitive behaviour (CBT) with or without therapist support, smartphone applications, web applications or programmes, wearables (including devices or sensors) or extended reality technologies (i.e. virtual reality, augmented reality). Format this as a list indicating which have been procured, contracted or paid for by the service. **None**
2. Additionally, please state any digital technologies, e-therapies, internet-delivered therapies, online or digital therapies, digitally enabled therapies or digital therapeutics for adult mental health problems that your Trust uses or recommends to service users. For example, these might include, but are not limited to, internet-delivered cognitive behaviour (CBT) with or without therapist support, smartphone applications, web applications or programmes, wearables (including devices or sensors) or extended reality technologies (i.e. virtual reality, augmented reality). Format this as a list indicating which are recommended and which are used by the Trust. **None**

Please note we distinguish between

- 1) procured, contracted or paid for by the service and
- 2) used and recommended based on the following:



Chair: Janet Dawson
Chief Executive: Dr Buki Adeyemo
www.combined.nhs.uk

Follow us on Twitter: @CombinedNHS
Follow us on Facebook: www.facebook.com/NorthStaffsCombined



1. Procured, contracted or paid for by the service - these are technologies from suppliers that have been formally agreed and paid for by the Trust to use in service. **N/A**
2. Used or recommended - these are technologies that have not been formally procured or contracted but might be suggested to service users (e.g. a list of technologies given upon referral, while on the waitlist for treatment, upon treatment commencement or completion) or used by clinicians in service. **N/A**
3. For the period of 2023/24, please provide any data monitoring information you collect on the technologies listed above. For example, the number of people that have been recommended or reported using the technologies, how long they continued to use the technology or whether there was a reported benefit from their use. Please state where this data is collected from (e.g. the technology providers or from the service). **N/A**
4. Please list any Talking Therapies (formerly known as IAPT) providers that run services on your behalf or in connection with your Trust. **Talking Therapies (IAPT) services is outsourced and provided by Midlands Partnership University NHS Foundation Trust (MPFT) <https://www.mpft.nhs.uk/>**
5. If these services are not run directly by the NHS please state who runs them and what they are (e.g. Social Enterprise, Limited Company, third sector group). **N/A**
6. Please state any organisations or third parties (e.g. ORCHA) you have partnered with or commissioned to create or provide an app library. **N/A**
7. For the period 2023/24 please state the total number of people your Trust treated for common mental health problems (see definition: [here](#)), including how many were treated for each problem.
To gain this information we would need to rely on SNOMED code recording which is not currently consistently being recorded within our community services. Due to this reason, we are unable to provide a response to this question as the information that we could provide may not be accurate or a true reflection of the number of people in our Trust that are treated for common mental health problems.

Please provide the information you hold in the form of a PDF, .CVS or .DOC as you see fit.

If you are dissatisfied with the handling of your request, you have the right to ask for an internal review of the management of your request. Internal review requests should be submitted within two months of the date of receipt of the response to your original letter and should be addressed to: Dr Buki Adeyemo, Chief Executive, North Staffordshire Combined Healthcare Trust, Trust Headquarters, Lawton House, Bellringer Road, Trentham, ST4 8HH. If you are not content with the outcome of the internal review, you have the right to apply directly to the Information Commissioner for a decision.

The Information Commissioner can be contacted at: Information Commissioner's Office,
Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF.

Yours sincerely



Nicola Griffiths
Deputy Director of Governance