

Toileting sessions

with the Children and Young People's Community
Learning Disability Health Team

Who are these sessions for?

Parents and carers of children and young people who need additional support and guidance with understanding toileting and toileting skills. These sessions are for children of all ages.

What if my child is not ready for toileting?

Children will never be ready if we don't start the toileting journey. Toileting is a process involving many skills that children can learn with the right support. Toilet learning can begin at any time, it is never too early and never too late.

What are the aims of these sessions?

To provide you with toileting advice and strategies.

Empowering you to understand your child's current toileting needs and abilities.

Providing you with the skills/ideas to implement the toileting advice at home

If you still require support after the session, we can complete an assessment. This will offer tailored advice unique to your child's needs and environment.

We will aim to run these sessions face-to-face and there is limited space.
To book, call us on **0300 123 1153**.