

Our Ref: NG/RM/25186
Date: 12th June 2025

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Lawton House
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ST4 8HH

Reception: 0300 123 1535

Dear

Freedom of Information Act Request

I am writing in response to your e-mail of the 19th May 2025. Your request has been processed using the Trust's procedures for the disclosure of information under the Freedom of Information Act (2000).

Requested information:

Can you please provide the following information under the Freedom of Information Act 2000. This query relates to shopping addiction, which is also known as Compulsive Buying Disorder (CBD) or Oniomania. Could the information please be provided in financial years.

For background, I have been advised that:

- GPs or NHS talking therapies would be the first point of call for such patients.
 - Generally, those diagnosed with the condition would rarely be diagnosed with it on its own as other mental health problems are likely to be present as well.
 - The ICD-11 diagnosis criteria may be used and under that, this condition could be listed as 'obsessive compulsive disorder - other' (which was what gambling used to be noted as before it was added to the diagnosis criteria).
1. How many people have been identified as possibly having the condition (Compulsive Buying Disorder - CBD) during the following periods:
 - a. 2020/21
 - b. 2021/22
 - c. 2022/23
 - d. 2023/24
 - e. 2024/25
 - f. 2025-to date
 2. What is the age and gender of those mentioned in question 1?
 3. If someone presented to the NHS with this condition, what support, or treatment options are available? **We are unable to provide a response as this would be very much dependent on individual presentation and treatment pathways may vary.**

4. How many people have been identified as having Compulsive Buying Disorder (CBD) alongside another mental health diagnosis? E.g. OCD or ADHD.
5. What is the age and gender of those mentioned in question 4?
6. How many people have been identified as having a behavioural addiction e.g. gambling, porn or gaming, during the following periods:
 - a. 2020/21
 - b. 2021/22
 - c. 2022/23
 - d. 2023/24
 - e. 2024/25
 - f. 2025-to date
7. What is the age and gender of those identified in question 6?
8. How many people have been identified as having a behavioural addiction which are partly (or wholly) linked to screen usage e.g. gambling, porn or gaming, during the following periods:
 - a. 2020/21
 - b. 2021/22
 - c. 2022/23
 - d. 2023/24
 - e. 2024/25
 - f. 2025-to date
9. What is the age and gender of those identified above?

The Trust does not have access to our local NHS Talking Therapies data at the required level to include within a response as it is held by Midlands Partnership University NHS Foundation Trust.

For Mental Health services data that is captured within our Trust it is not possible to clearly identify Compulsive Buying Disorder (CBD) or Oniomania patients due to SNOMED diagnosis coding not fully being implemented. This is something that the Trust is seeking to address.

As only our inpatient services would record ICD-10 diagnosis codes this would result in a response not being complete or accurate.

If you are dissatisfied with the handling of your request, you have the right to ask for an internal review of the management of your request. Internal review requests should be submitted within two months of the date of receipt of the response to your original letter and should be addressed to: Dr Buki Adeyemo, Chief Executive, North Staffordshire Combined Healthcare Trust, Trust Headquarters, Lawton House, Bellringer Road, Trentham, ST4 8HH. If you are not content with the outcome of the internal review, you have the right to apply directly to the Information Commissioner for a decision.

The Information Commissioner can be contacted at: Information Commissioner's Office,
Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF.

Yours sincerely



Nicola Griffiths
Deputy Director of Governance