

Our Ref: NG/RM/25202  
Date: 20<sup>th</sup> June 2025

Nicola Griffiths  
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North Staffordshire Combined Healthcare NHS Trust  
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ST4 8HH

Reception: 0300 123 1535

Dear

### **Freedom of Information Act Request**

I am writing in response to your e-mail of the 28<sup>th</sup> May 2025. Your request has been processed using the Trust's procedures for the disclosure of information under the Freedom of Information Act (2000).

#### ***Requested information:***

I would be grateful if you could please answer the following question.

In the last 12 months, how many unique patients have been treated for Insomnia (ICD-10 code G47.0) with the following products:

- 1) Zopiclone
- 2) Zolpidem
- 3) Any other Melatonin product

If you cannot provide the information for each product, please provide the information that you do have available.

**It is not possible to clearly identify unique patients that have been treated for Insomnia. SNOMED diagnosis coding is not yet fully implemented within the Trust and as only our inpatient services would record ICD-10 diagnosis codes, this would result in the response not being complete or accurate. This is something that the Trust is seeking to address.**

**Below is the number of unique patients that have been prescribed the following medications (all strengths/ forms), from 18<sup>th</sup> June 2024 to 18<sup>th</sup> June 2025 (for leave and discharges only), we are unable to determine the reason they were prescribed.**

- Zopiclone = 77
- Zolpidem = 0
- Melatonin = 24

**We have not included any FP10 (outpatient prescription) data as that is anonymised, so we are unable to see how many unique patients there are or what their diagnosis is, only the number of prescriptions issued.**

If you are dissatisfied with the handling of your request, you have the right to ask for an internal review of the management of your request. Internal review requests should be submitted within two months of the date of receipt of the response to your original letter and should be addressed to: Dr Buki Adeyemo, Chief Executive, North Staffordshire Combined Healthcare Trust, Trust Headquarters, Lawton House, Bellringer Road, Trentham, ST4 8HH. If you are not content with the outcome of the internal review, you have the right to apply directly to the Information Commissioner for a decision. The Information Commissioner can be contacted at: Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF.

Yours sincerely



**Nicola Griffiths**  
**Deputy Director of Governance**