

Our Ref: NG/RM/25254  
Date: 14<sup>th</sup> August 2025

Nicola Griffiths  
Deputy Director of Governance  
North Staffordshire Combined Healthcare NHS Trust  
Lawton House  
Bellringer Road  
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ST4 8HH

Reception: 0300 123 1535

Dear

### **Freedom of Information Act Request**

I am writing in response to your e-mail of the 18<sup>th</sup> July 2025. Your request has been processed using the Trust's procedures for the disclosure of information under the Freedom of Information Act (2000).

#### ***Requested information:***

1. What is the current average and 90th percentile waiting time for ADHD post diagnostic therapies (including psychotherapies), broken down by

- a) NHS providers

- **Average waiting time- 149 days**
- **90th Percentile - 276 days**

**Once a diagnosis is reached, the service user is given advice and guidance on treatment options and linked into additional support. Should medication be agreed whether in combination or as the solo preferred treatment option, we always complete premed checks before the initiation of any medication. The data submitted is reflective of the wait of the premed check and does not include the advice, guidance, and psycho educational support.**

- b) Outsourced private providers? **N/A**

2. What is the current average and 90th percentile waiting time for ASD post diagnostic therapies (including psychotherapies), broken down by

- a) NHS providers

- b) Outsourced private providers

**North Staffordshire Combined Healthcare Trust offers a post diagnostic psycho educational support pathway for service users that we diagnose with ASD. The service commissioned is assessment and diagnostic only and not a long-term intervention.**

3. How many ADHD referral requests were
  - a) Declined. **442**
  - b) Deemed 'not clinically urgent' by NHS services in the last 12 months. **2,154**
    - **The above information relates to an Adult ADHD service only and does not manage mental health presentations. All requests to expedite are reviewed on an individual basis.**
    - **There were 2,158 new team referrals created during the past 12 months (01/07/24 to 30/06/25)**
    - **Of those, 442 were closed without being allocated to any caseload element within the ADHD pathway.**
    - **Of the 2,158 referrals, 2,154 were prioritised as routine and just 4 as urgent.**
  
4. How many ASD referral requests were
  - a) Declined. **384**
  - b) Deemed 'not clinically urgent' by NHS services in the last 12 months? **2,828**
    - **There were 2,855 new team referrals created during the past 12 months (01/07/24 to 30/06/25).**
    - **Of those, 384 were closed without being allocated to any caseload element within the pathway.**
    - **Of the 2,855 referrals, 2,828 were prioritised as Routine, 27 as Urgent.**
  
5. What percentage of patients diagnosed with ADHD by the NHS receive
  - a) Medication titration. **69.7%**
  - b) Follow-up care within 3 months. **61.2%**
    - **All initiation and titration medication are completed on an individual basis and is dependent on the service user's response to the medication. All patients that have initiated medication are reviewed regularly and reviewed within a 3-month period.**
    - **178 patients in total have an ADHD diagnosis recorded. Of those, 124 have a titration start date.**
    - **Of the 178 diagnosed patients, 109 had a follow up contact recorded with the ADHD team within 3 months of the diagnosis.**
  
6. Are any post-diagnosis services outsourced to private providers? Which? **None**
  
7. What is the current waitlist time for dementia assessment? **89 days**
  
8. What is the split by demographics (under 60 vs over 60)? **As a memory service, we do not see patients under the age of 60.**
  
9. Which providers are you working with to support on memory assessments (e.g. dementia)? **None**
  - Please can you share the spend broken down by provider for FY24/25. **N/A**
  - Please can you share the spend broken down by provider for FY23/24. **N/A**

10. What other mental conditions does the NHS use private providers to deliver assessments for? **Young People Autism Spectrum Disorder**

11. Which providers are you working with for these assessments?

- Please provide a breakdown of all NCA spend by category across mental health services for FY24/25. **Psicon- £403,600.**
- Please provide a breakdown of all NCA spend by category across mental health services for FY23/24. **£0**

If you are dissatisfied with the handling of your request, you have the right to ask for an internal review of the management of your request. Internal review requests should be submitted within two months of the date of receipt of the response to your original letter and should be addressed to: Dr Buki Adeyemo, Chief Executive, North Staffordshire Combined Healthcare Trust, Trust Headquarters, Lawton House, Bellringer Road, Trentham, ST4 8HH. If you are not content with the outcome of the internal review, you have the right to apply directly to the Information Commissioner for a decision. The Information Commissioner can be contacted at: Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF.

Yours sincerely



**Nicola Griffiths**  
**Deputy Director of Governance**