

Our Ref: NG/RM/25367
Date: 13th November 2025

Nicola Griffiths
Deputy Director of Governance
North Staffordshire Combined Healthcare NHS Trust
Lawton House
Bellringer Road
Trentham
ST4 8HH

Reception: 0300 123 1535

Dear

Freedom of Information Act Request

I am writing in response to your e-mail of the 14th October 2025. Your request has been processed using the Trust's procedures for the disclosure of information under the Freedom of Information Act (2000).

Requested information:

I am writing to request information under the Freedom of Information Act 2000.

The purpose of this request is to gather data on Binge Eating Disorder (BED).

Specifically, I am seeking anonymised data on the following for each of the past five calendar years:

1. How many patients have been referred to or visited your Trust for treatment where they have been assessed as meeting the diagnostic criteria for Binge Eating Disorder (BED) (e.g. ICD-10 code F50.81 or equivalent)
 - 2020, 2021, 2022, 2023, 2024 and partial data for 2025 if available

We as a Trust do not routinely diagnose patients in community settings and as we do not have a dedicated ED Inpatient Ward, the number of people with recorded diagnoses is low. On this basis we are unable to provide an accurate response to this question.
2. For patients referred for Binge Eating Disorder (BED), please provide the number of patients seen within the following waiting time bands from referral to first appointment:
 - 0–4 weeks.
 - 5–8 weeks.
 - 9–12 weeks.
 - Over 12 weeks.

If this data is not held specifically for BED referrals, please provide the equivalent waiting time data for referrals under eating disorders more generally.

	1 to 4 weeks	5 to 8 weeks	9 to 12 weeks	12+ weeks
2020	64	1	0	0
2021	154	7	1	1
2022	125	11	3	0
2023	171	15	2	0
2024	183	12	3	0
2025	161	7	1	0

Please note information above information relates to general eating disorder services.

CYP and Adult Eating Disorder services see urgent referrals within 5 days and non-urgent referrals within 4 weeks. Any exceptions are generally due to patient cancellations or DNAs.

- If available, please provide the total cost of treatment or service provision where Binge Eating Disorder (BED) was the recorded diagnosis, or otherwise, the total annual cost of eating disorder services, broken down by year

- 2020, 2021, 2022, 2023, 2024 and partial data for 2025 if available.

If providing the annual cost of eating disorder services, please confirm and provide clarification on whether BED is included in this figure.

Please see below total spend by the Adult Eating Disorder Team and the CYP Eating Disorder Team. Please note:

- CYP Eating disorder is not commissioned to offer a service for Binge eating disorder.
- Adult team do offer a service however have very low number of referrals for Binge eating disorder.

	2020/21	2021/22	2022/23	2023/24	2024/25	2025/26 M1-7
Adult Eating Disorder	71,901	351,277	417,107	531,225	600,623	387,013
CYP Eating Disorder	455,172	564,567	748,512	846,505	863,000	520,035
Total	527,074	915,844	1,165,619	1,377,729	1,463,623	907,049

If you are dissatisfied with the handling of your request, you have the right to ask for an internal review of the management of your request. Internal review requests should be submitted within two months of the date of receipt of the response to your original letter and should be addressed to: Dr Buki Adeyemo, Chief Executive, North Staffordshire Combined Healthcare Trust, Trust Headquarters, Lawton House, Bellringer Road, Trentham, ST4 8HH. If you are not content with the outcome of the internal review, you have the right to apply directly to the Information Commissioner for a decision.

The Information Commissioner can be contacted at: Information Commissioner's Office,
Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF.

Yours sincerely



Nicola Griffiths
Deputy Director of Governance