

Our Ref: NG/RM/25406
Date: 11th December 2025

Nicola Griffiths
Deputy Director of Governance
North Staffordshire Combined Healthcare NHS Trust
Lawton House
Bellringer Road
Trentham
ST4 8HH

Reception: 0300 123 1535

Dear

Freedom of Information Act Request

I am writing in response to your e-mail of the 19th November 2025. Your request has been processed using the Trust's procedures for the disclosure of information under the Freedom of Information Act (2000).

Requested information:

We are submitting a request under the Freedom of Information Act 2000 regarding admissions into mental health inpatient services, disaggregated by demographic characteristics.

1. For the financial year 2023/24, please give the total number of patients collectively and disaggregated by gender, ethnicity, and religion or belief, disability status, and sexual orientation admitted into:
 - a) CAMHS in-patient services*
 - b) Adult mental health in-patient services
2. For the financial year 2023/24, and disaggregated by gender, ethnicity, and religion or belief, disability status, sexual orientation and restraint type, i.e. prone restraint (also known as face-down restraint), chemical restraint, etc., please give the number of patients who experienced restraint by one or more members of staff in both:
 - a) Adult inpatient mental health services
 - b) CAMHS inpatient mental health services*
3. For the financial year 2023/24, and disaggregated by gender, ethnicity, and religion or belief, disability status, and sexual orientation and restraint type, i.e. prone restraint (also known as face-down restraint), chemical restraint, etc., please give the number of incidents of restraint experienced by patients in both:
 - a) Adult inpatient mental health services
 - b) CAMHS inpatient mental health services*

*If your ICB does not provide in-patient CAMHS services please make this clear.

Please see Appendix 1 attached.

If you are dissatisfied with the handling of your request, you have the right to ask for an internal review of the management of your request. Internal review requests should be submitted



Chair: Janet Dawson
Chief Executive: Dr Buki Adeyemo
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within two months of the date of receipt of the response to your original letter and should be addressed to: Dr Buki Adeyemo, Chief Executive, North Staffordshire Combined Healthcare Trust, Trust Headquarters, Lawton House, Bellringer Road, Trentham, ST4 8HH. If you are not content with the outcome of the internal review, you have the right to apply directly to the Information Commissioner for a decision. The Information Commissioner can be contacted at: Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF.

Yours sincerely



Nicola Griffiths
Deputy Director of Governance

1. For the financial year 2023/24, please give the total number of patients collectively and disaggregated by gender, ethnicity, and religion or belief, disability status, and sexual orientation admitted into:

a) CAMHS in-patient services*

Gender

Female	22
Male	11
Not specified	0
Total	33

Ethnicity

Asian or Asian British - Any other Asian background	1
Asian or Asian British - Bangladeshi	1
Asian or Asian British - Indian	0
Asian or Asian British - Pakistani	2
Black or Black British - African	1
Black or Black British - Any other black background	0
Black or Black British - Caribbean	0
Description Not Found	0
Mixed - Any other mixed background	1
Mixed - White and Asian	0
Mixed - White and black African	0
Mixed - White and black Caribbean	0
Not known	0
Not stated	0
Other Ethnic Groups - Any other ethnic group	1
Other Ethnic Groups - Chinese	0
White - Any other white background	0
White - British	26
Total	33

Religion

Agnostic	1
Anglican	0
Atheist	0
Buddhist	0
Catholic: Not Roman Catholic	0
Christian	3
Church of England	1
Description Not Found	1
Elim Pentecostalist	0
Hindu	0
Ismaili Muslim	0
Jehovah's Witness	0
Methodist	0
Muslim	4
Native American Religion	0
Nonconformist	1
Not Religious	9
Pagan	0
Patient Religion Unknown ***	11
Protestant	0
Rastafari	0
Religion (Other Not Listed)	0
Religion Not Given - PATIENT Refused	2
Roman Catholic	0
Satanist	0
Sikh	0
United Reform	0
Total	33

Disability

DisabilityPresent	5
NonePresent	17
Unknown	11
Total	33

b) Adult mental health in-patient services

Gender

Female	501
Male	473
Not specified	1
Total	975

Ethnicity

Asian or Asian British - Any other Asian background	7
Asian or Asian British - Bangladeshi	5
Asian or Asian British - Indian	11
Asian or Asian British - Pakistani	25
Black or Black British - African	14
Black or Black British - Any other black background	3
Black or Black British - Caribbean	4
Description Not Found	3
Mixed - Any other mixed background	2
Mixed - White and Asian	1
Mixed - White and black African	1
Mixed - White and black Caribbean	16
Not known	9
Not stated	28
Other Ethnic Groups - Any other ethnic group	15
Other Ethnic Groups - Chinese	1
White - Any other white background	22
White - British	808
Total	975

Religion

Agnostic	4
Anglican	1
Atheist	14
Buddhist	4
Catholic: Not Roman Catholic	20
Christian	97
Church of England	151
Description Not Found	13
Elim Pentecostalist	2
Hindu	3
Ismaili Muslim	2
Jehovah's Witness	4
Methodist	14
Muslim	37
Native American Religion	1
Nonconformist	4
Not Religious	317
Pagan	1
Patient Religion Unknown ***	176
Protestant	3
Rastafari	1
Religion (Other Not Listed)	1
Religion Not Given - PATIENT Refused	82
Roman Catholic	19
Satanist	2
Sikh	1
United Reform	1
Total	975

Disability

DisabilityPresent	287
NonePresent	288
Unknown	400
Total	975

Sexual Orientation

Bisexual	0
Description Not Found	28
Gay or Lesbian	0
Heterosexual or Straight	3
Not Known (Not Recorded)	2
Not Stated (Person asked but declined to provide a response)	0
Other sexual orientation not listed	0
Total	33

Sexual Orientation

Bisexual	12
Description Not Found	471
Gay or Lesbian	9
Heterosexual or Straight	419
Not Known (Not Recorded)	46
Not Stated (Person asked but declined to provide a response)	15
Other sexual orientation not listed	3
Total	975

2. For the financial year 2023/24, and disaggregated by gender, ethnicity, and religion or belief, disability status, sexual orientation and restraint type, i.e. prone restraint (also known as face-down restraint), chemical restraint, etc., please give the number of patients who experienced restraint by one or more members of staff in both:

a) CAMHS in-patient services*

Gender

Female	8
Male	2
Not specified	0
Total	10

Ethnicity

Asian or Asian British - Any other Asian background	0
Asian or Asian British - Bangladeshi	1
Asian or Asian British - Indian	0
Asian or Asian British - Pakistani	2
Black or Black British - African	1
Black or Black British - Any other black background	0
Black or Black British - Caribbean	0
Description Not Found	0
Mixed - Any other mixed background	0
Mixed - White and Asian	0
Mixed - White and black African	0
Mixed - White and black Caribbean	0
Not known	0
Not stated	0
Other Ethnic Groups - Any other ethnic group	0
Other Ethnic Groups - Chinese	0
White - Any other white background	0
White - British	6
Total	10

Religion

Agnostic	1
Anglican	0
Atheist	0
Buddhist	0
Catholic: Not Roman Catholic	0
Christian	0
Church of England	0
Description Not Found	1
Elim Pentecostalist	0
Hindu	0
Ismaili Muslim	0
Jehovah's Witness	0
Methodist	0
Muslim	3
Native American Religion	0
Nonconformist	0
Not Religious	3
Pagan	0
Patient Religion Unknown ***	2
Protestant	0
Rastafari	0
Religion (Other Not Listed)	0
Religion Not Given - PATIENT Refused	0
Roman Catholic	0
Satanist	0
Sikh	0
United Reform	0
Total	10

Disability

DisabilityPresent	1
NonePresent	6
Unknown	3
Total	10

b) Adult mental health in-patient services

Gender

Female	56
Male	67
Not specified	0
Total	123

Ethnicity

Asian or Asian British - Any other Asian background	2
Asian or Asian British - Bangladeshi	1
Asian or Asian British - Indian	3
Asian or Asian British - Pakistani	5
Black or Black British - African	3
Black or Black British - Any other black background	1
Black or Black British - Caribbean	2
Description Not Found	0
Mixed - Any other mixed background	0
Mixed - White and Asian	0
Mixed - White and black African	0
Mixed - White and black Caribbean	0
Not known	0
Not stated	1
Other Ethnic Groups - Any other ethnic group	0
Other Ethnic Groups - Chinese	0
White - Any other white background	2
White - British	103
Total	123

Religion

Agnostic	1
Anglican	0
Atheist	0
Buddhist	1
Catholic: Not Roman Catholic	2
Christian	9
Church of England	19
Description Not Found	0
Elim Pentecostalist	1
Hindu	1
Ismaili Muslim	0
Jehovah's Witness	2
Methodist	3
Muslim	9
Native American Religion	0
Nonconformist	0
Not Religious	46
Pagan	0
Patient Religion Unknown ***	19
Protestant	0
Rastafari	0
Religion (Other Not Listed)	1
Religion Not Given - PATIENT Refused	6
Roman Catholic	2
Satanist	0
Sikh	0
United Reform	1
Total	123

Disability

DisabilityPresent	43
NonePresent	37
Unknown	43
Total	123

Sexual Orientation

Bisexual	0
Description Not Found	7
Gay or Lesbian	0
Heterosexual or Straight	2
Not Known (Not Recorded)	1
Not Stated (Person asked but declined to provide a response)	0
Other sexual orientation not listed	0
Total	10

Patient Restraints

Prone (Face Down)	0
Seated	5
Seclusion	0
Side Holding	1
Standing	3
Supine (Face Up)	1
Rapid Tranquilization Only	0
Total	10

Sexual Orientation

Bisexual	2
Description Not Found	48
Gay or Lesbian	5
Heterosexual or Straight	65
Not Known (Not Recorded)	1
Not Stated (Person asked but declined to provide a response)	2
Other sexual orientation not listed	0
Total	123

Patient Restraints

Prone (Face Down)	4
Seated	12
Seclusion	1
Side Holding	20
Standing	74
Supine (Face Up)	10
Rapid Tranquilization	2
Total	123

3. For the financial year 2023/24, and disaggregated by gender, ethnicity, and religion or belief, disability status, and sexual orientation and restraint type, i.e. prone restraint (also known as face-down restraint), chemical restraint, etc., please give the number of incidents of restraint experienced by patients in both:

a) CAMHS in-patient services*

Gender

Female	93
Male	2
Not specified	0
Total	95

Ethnicity

Asian or Asian British - Any other Asian background	0
Asian or Asian British - Bangladeshi	5
Asian or Asian British - Indian	0
Asian or Asian British - Pakistani	18
Black or Black British - African	1
Black or Black British - Any other black background	0
Black or Black British - Caribbean	0
Description Not Found	0
Mixed - Any other mixed background	0
Mixed - White and Asian	0
Mixed - White and black African	0
Mixed - White and black Caribbean	0
Not known	0
Not stated	0
Other Ethnic Groups - Any other ethnic group	0
Other Ethnic Groups - Chinese	0
White - Any other white background	0
White - British	71
Total	95

Religion

Agnostic	1
Anglican	0
Atheist	0
Buddhist	0
Catholic: Not Roman Catholic	0
Christian	0
Church of England	0
Description Not Found	17
Elim Pentecostalist	0
Hindu	0
Ismaili Muslim	0
Jehovah's Witness	0
Methodist	0
Muslim	7
Native American Religion	0
Nonconformist	0
Not Religious	29
Pagan	0
Patient Religion Unknown ***	41
Protestant	0
Rastafari	0
Religion (Other Not Listed)	0
Religion Not Given - PATIENT Refused	0
Roman Catholic	0
Satanist	0
Sikh	0
United Reform	0
Total	95

Disability

DisabilityPresent	39
NonePresent	55
Unknown	1
Total	95

b) Adult mental health in-patient services

Gender

Female	232
Male	266
Not specified	0
Total	498

Ethnicity

Asian or Asian British - Any other Asian background	2
Asian or Asian British - Bangladeshi	2
Asian or Asian British - Indian	17
Asian or Asian British - Pakistani	17
Black or Black British - African	3
Black or Black British - Any other black background	8
Black or Black British - Caribbean	4
Description Not Found	0
Mixed - Any other mixed background	0
Mixed - White and Asian	0
Mixed - White and black African	0
Mixed - White and black Caribbean	0
Not known	0
Not stated	3
Other Ethnic Groups - Any other ethnic group	0
Other Ethnic Groups - Chinese	0
White - Any other white background	4
White - British	438
Total	498

Religion

Agnostic	1
Anglican	0
Atheist	36
Buddhist	1
Catholic: Not Roman Catholic	7
Christian	54
Church of England	54
Description Not Found	0
Elim Pentecostalist	1
Hindu	14
Ismaili Muslim	0
Jehovah's Witness	2
Methodist	8
Muslim	18
Native American Religion	0
Nonconformist	0
Not Religious	188
Pagan	0
Patient Religion Unknown ***	78
Protestant	0
Rastafari	0
Religion (Other Not Listed)	1
Religion Not Given - PATIENT Refused	28
Roman Catholic	2
Satanist	0
Sikh	0
United Reform	5
Total	498

Disability

DisabilityPresent	193
NonePresent	176
Unknown	129
Total	498

Sexual Orientation

Bisexual	0
Description Not Found	91
Gay or Lesbian	0
Heterosexual or Straight	2
Not Known (Not Recorded)	2
Not Stated (Person asked but declined to provide a response)	0
Other sexual orientation not listed	0
Total	95

Patient Restraints

Prone (Face Down)	0
Seated	58
Seclusion	0
Side Holding	8
Standing	22
Supine (Face Up)	7
Rapid Tranquilization Only	0
Total	95

Sexual Orientation

Bisexual	12
Description Not Found	201
Gay or Lesbian	19
Heterosexual or Straight	226
Not Known (Not Recorded)	28
Not Stated (Person asked but declined to provide a response)	12
Other sexual orientation not listed	0
Total	498

Patient Restraints

Prone (Face Down)	19
Seated	82
Seclusion	9
Side Holding	75
Standing	246
Supine (Face Up)	56
Rapid Tranquilization Only	8
Restraint & Rapid Tranquilization	3
Total	498