

Our Ref: NG/RM/26046
Date: 27th February 2026

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Lawton House
Bellringer Road
Trentham
ST4 8HH

Reception: 0300 123 1535

Dear

Freedom of Information Act Request

I am writing in response to your e-mail of the 16th February 2026. Your request has been processed using the Trust's procedures for the disclosure of information under the Freedom of Information Act (2000).

Requested information:

I am writing to request the following information under the Freedom of Information Act 2000. Please provide details on the Trust's provision of ADHD, Autism, and CAMHS therapy services across Children's and Adults' pathways.

1. Service Availability

For each of the services below, please confirm whether the Trust directly provides the service, commissions it externally, or does not provide it:

Children's Services

- Children's ADHD assessments. **Provided directly by the Trust.**
- Children's Autism assessments. **Provided directly by the Trust.**
- CAMHS therapy services (please specify the therapy types delivered: e.g. CBT, family therapy, psychotherapy, group interventions, etc.)
 - **Cognitive Behavioural Therapy (CBT)**
 - **Dialectical Behaviour Therapy (DBT)**
 - **Family Therapy**
 - **Group interventions**
 - **Eye Movement Desensitization and Reprocessing (EMDR)**
 - **Non-Violent Resistance therapy (NVR)**
 - **Prolonged exposure and bespoke Psychological Therapy**
 - **Compassion-Focused Therapy (CFT)**
 - **Theraplay**
 - **Acceptance and Commitment Therapy (ACT)**
 - **Interpersonal Psychotherapy (IPT)**

Adult Services

- Adult ADHD assessments. **Provided directly by the Trust**
- Adult Autism assessments. **Provided directly by the Trust**

2. Responsible Team

For each service that is provided or commissioned, please confirm:

- The team's name responsible for delivering or overseeing the service.
- The directorate, care group, or division under which the service sits.
 - **Core CAMHS- Community Directorate**
 - **CYP ADHD- Community Directorate**
 - **Adult ADHD- Community Directorate**
 - **All Age Autism Service- Community Directorate**

3. Waiting List Ownership

For each service, please provide:

- The job title (and name, if permissible) of the individual responsible for managing or overseeing the waiting list. **Team Leads.**

Staff names are exempt as they constitute personal data and would contravene the principles of the Data Protection Act 2018 (in accordance with qualified exemption S40 (2)(a) of the FOI Act).

- Whether the waiting list is managed internally by the Trust or by an external commissioned provider. **Internally.**

4. Additional Context (If Available)

Where possible, please also share:

- Whether the service is delivered in-house, through an external partner, or via a mixed model. **Internally.**
- Any published pathway documents, service specifications, or summaries relating to ADHD, Autism, or CAMHS therapies. **No Published documents.**

If you are dissatisfied with the handling of your request, you have the right to ask for an internal review of the management of your request. Internal review requests should be submitted within two months of the date of receipt of the response to your original letter and should be addressed to: Dr Buki Adeyemo, Chief Executive, North Staffordshire Combined Healthcare Trust, Trust Headquarters, Lawton House, Bellringer Road, Trentham, ST4 8HH. If you are not content with the outcome of the internal review, you have the right to apply directly to the Information Commissioner for a decision. The Information Commissioner can be contacted at: Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF.

Yours sincerely



Nicola Griffiths
Deputy Director of Governance